

## A Message from the President of Kechara

I would like to express my gratitude and appreciation to the Yeh Family for their assistance and support in fundraising for the Medicine Buddha Hill project. This sanctuary of inner and outer healing, featuring a 15-foot statue of the Medicine Buddha, will be the first of its kind in this region, and is an integral part of the Kechara Forest Retreat, a community initiative by the Kechara Buddhist Organisation.

The Kechara Forest Retreat is a holistic retreat centre focused on the total wellness of body, mind and spirit through retreats, learning and conscious living in a natural forest enclave. Conceptualised by H.E. Tsem Rinpoche, it is a place where families and individuals will find peace, nourishment and inspiration. It is also where we will give back to society through educating and instilling the next generation with universal principles and values – a springboard for many other such conscious communities to arise. In the words of H.E. Tsem Rinpoche:

"Since I was a young child, I wanted to create a place where people come together to live as one with nature, one with the earth. A place for healing, detoxification, contemplation, relaxation, and retreat. An international center for meditation courses not based on religion but tapping into ourselves and our potential. A place for eco living modeled on sustainability and growth. This project is the Kechara Forest Retreat and it will be a space to inspire the world to do the same in their own communities."

2014 marks the start of ground works on Medicine Buddha Hill, as well as the launch of this website, medicinebuddhahill.com, through which many people will come to know about this landmark project and the tremendous benefit it has to offer the world.

On behalf of the Kechara organisation, I thank the Yeh family once again for creating this website dedicated to the Medicine Buddha Hill project, as well as all current and future sponsors and supporters, for helping us spread kindness and healing throughout the world.

Thank you for benefitting others and may all your wishes and prayers come true.

With prayers,

Datuk May Phng

President

Kechara House Buddhist Association Malaysia